

CV Fredrik "Benke" Rydman
Choreograph und Tänzer
Geboren 1974

2015

Måns Zelmerlöv, Heroes, Eurovision Song Contest artistic direction, choreography
"Danskampen", danceperformance at Gröna Lund, Stockholm director, choreographer
"Eldfågeln", Göteborgsoperan choreographer

2014

"Stop.Play.Rewind. The Monopoly Game." Dansens Hus, Stockholm idea, set design,
choreography

2013

"MacBeth", City Theatre, Stockholm director, choreographer "Swan Lake Reloaded", European tour
choreographer Eurovision Song Contest interval act director

2012

X-factor, Tv-show artistic director/choreographer

2011

"Swan Lake", Dansens Hus, Stockholm choreographer
"Romeo and Juliet-the Musical", Göta lejon, Stockholm choreographer/Thybolt
"Lenas drömshow" show for recording artist Lena PH director and choreographer
Opens the dancegym "House of Shapes" together with Colleague Jennie Widegren
Eurovision young dancers jury

2010

Bounce "the Last Bounce", Globe Arena, Stockholm choreographer/dancer
"West Side Story", Norrlandsoperan, Umeå choreographer
TV-show "Looking for Juliet" jury/choreographer
"You gotta do what you gotta do"-piece for Oslo dance Ensemblechoreographer

2009

Organizer of world famous Michael Jacksson Flashmob in Stockholm
Bounce "Caution", Orienteatern, Stockholm choreographer/dancer
Bounce "One flew over the Cuckoo´s nest", Peacock Theatre, London choreographer/dancer
"Halliburton Freedom"-piece for Skånes dansteater choreographer
"Dynamite" Show with recording artist Jerry Williams choreographer

2008

Bounce "One flew over the Cuckoo´s nest", Peacock Theatre, London choreographer/dancer
So you think you can dance–Scandinavia Jury

2007

Bounce "One flew over the Cuckoo´s nest", Swedish tour choreographer/dancer
Recording artist Martin Stenmarck–Swedish tour choreographer

2006

Bounce "One flew over the Cuckoo´s nest" Dansens Hus, Stockholm choreographer/dancer
Feature film "Förortsungar" choreographer
Commercial Film "Vasakronan" (with Mikael Persbrant) choreographer

2005

Bounce "Bounce Live", Nalen, Stockholm Swedish tour choreographer/dancer
Commercial Film–Berliner Zeitung choreographer
TV–show "Floorfiller" jury

2004

Bounce "The Score", Swedish and Nordic Tour choreographer/dancer

2003

Bounce "The Score", Dansens Hus, Stockholm choreographer/dancer
Recording artist Robyn–Swedish tour choreographer
Interval act, Melodifestivalen TV choreographer

2002

Modern Jazzdance Ensemble– "Room 648", Maximteatern, Stockholm dancer
Bounce "Bounce vs Petter", Swedish tour choreographer/dancer
Culberg Ballet "Swanlake" US–tour dancer
Commercial film–Coca Cola choreographer

2001

Bounce–"Bounce", The Roundhouse London and Dansens Hus, Stockholm
choreographer/dancer
London Fashion week dancer

2000

Interval act–Eurovision Song Contest choreographer/dancer Bounce "Freaky Flow" Swedish tour
choreographer/dancer Sikta mot stjärnorna TV–show, channel 4 dancer
Mats Isaksson, Trolltagen, Storforsen dancer

1999

Per Jonsson "Rivers of Mercury" and "Schakt" Swedish Tour dancer

Bounce "Asfalt", Swedish tour choreographer/dancer

Bounce "Rotmos" Vitabergsparken, Stockholm choreographer/dancer

Sikta mot Stjärnorna TV-show, channel 4 dancer

Örjan Andersson "Motett och Sågning i Sverige", MDT, Stockholm, dancer

Mats Isaksson "Trolltagen", Storforsen, dancer

1998

Bounce "Rot", Dansens Hus, Stockholm choreographer/dancer

Per Jonsson "Rivers of Mercury", Hörsalen, Kulturhuset, Stockholm dancer

Carl-Olof Berg "Aett", Kulturhuset, Stockholm dancer

1997

Founded Bounce together with 8 people

West Side Story, Oscarsteatern, Stockholm role: Snowboy

1994-1997

Educated at Ballet Academy in Stockholm